

November Meal planning: check

11/01



11/02



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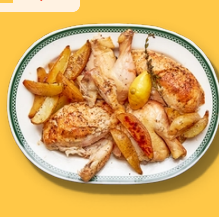
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November

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1/11
Butternut Squash
Lasagna Roll-Ups

2/11
Jambalaya

3/11
Creamy Mushroom &
Pork Udon Noodles

4/11
Chicken Pot Pie
Casserole

5/11
One Pot Potato Curry

6/11
Pineapple Glazed
Salmon with Wild
Rice

7/11
Grilled Veggie Panini

8/11
Beef Stroganoff

9/11
Crunchy Beef Tacos

10/11
Mac & Cheese,
Chicken & Green
Beans

11/11
Chicken Caesar Pizza

12/11
Whole Roasted
Lemon Chicken

13/11
Pesto & Broccoli
Lasagna

14/11
Slow Cooker Carnitas
Burrito Bowl

15/11
Honey Harissa
Chicken Skillet

16/11
Chicken Pad Thai

17/11
Buffalo Chicken Mac
& Cheese

18/11
Kimchi Fried Rice

19/11
Apple Cheddar Grilled
Cheese

20/11
Chicken Soup with
Rice Noodles &
Veggies

21/11
Garlic Teriyaki
Meatballs with Rice

22/11
Old Fashioned Green
Bean Casserole

23/11
Maple Rosemary
Roast Chicken

24/11
Thanksgiving
Leftovers Sandwich

25/11
Hearty Beef Chili with
Cornbread

26/11
Pepperoni Hot Honey
Pizza

27/11
French Onion Pasta

28/11
Roasted Pepper &
Pumpkin Soup

29/11
Slow Cooker BBQ
Chicken Sandwich

30/11
BBQ Chicken
Flatbread

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